



Lying between the Greensand Ridge to the north and the High Weald to the south, Kent's River Eden meanders through Edenbridge and surrounding villages, towards its confluence with the River Medway at Penshurst. On either side of the river lies tranquil farmland, broken by quiet country lanes, whilst the rolling hills and woodland conceal a wealth of historic properties and beautiful gardens.

Throughout the valley there are many Kentish towns and villages waiting to be explored – such as Chiddingstone, Edenbridge, Hever and Penshurst – which are rich in heritage and have many stories to tell. Medieval buildings, coaching inns, courtyards, gardens and historic churches all offer a step back in time.

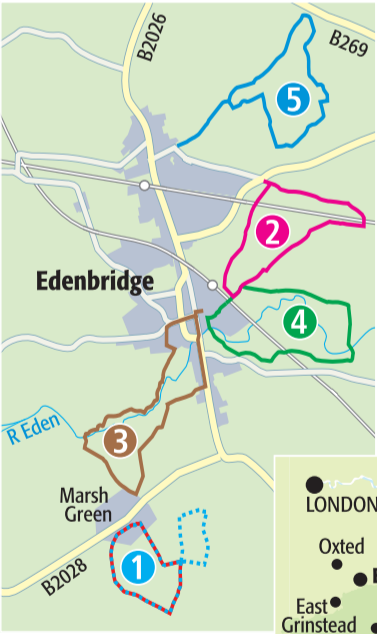
Exploring beyond the Kentish villages you will discover this is superb walking country, with fine views, miles of footpaths and, for the more adventurous, several long distance routes which cross the area.

The routes used are believed to be public rights of way, unless otherwise stated. However, Edenbridge Town Council accepts no responsibility for any error or subsequent change.

Picture of Edenbridge (above right) © Sevenoaks District Council



Explore Edenbridge



By car: Edenbridge is situated on the B2026, south of the M25 (at junction 6). From the A25 at Oxted, follow the B269 then the B2026 to Edenbridge. There is free parking in the town.



By train: Edenbridge Town station is on the London to Uckfield line; while Edenbridge station (about 1 mile from the town centre) is on the Redhill to Tonbridge line. National Rail Enquiries: 08457 48 49 50

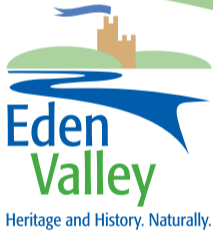
Visit www.edenvalleykent.org



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WALK 4



Parish Church – Delaware – Parish Church

1½ HOURS • Three miles (4.8 km)
Easy terrain with low hills, muddy in winter



This leaflet describes and illustrates one of five walks produced by Edenbridge Town Council, with the support of the Hidden Britain Project. The project is an initiative to encourage tourism, and to highlight lesser known areas of the countryside. The lych gate of the Parish Church of St Peter and St Paul provides the starting point for this walk. There is free parking available by the Church and it is close to the town centre with its shops, pubs, a variety of places in which to eat, historic buildings (including the Eden Valley Museum) and the convenient Edenbridge Town station. It passes Delaware Farm which still bears an ornate west door dated 1697, is about 3 miles (4.8 km) and takes about 1½ hours. Parts of it can be very muddy in winter and there are 7 styles.



The Countryside Code

- Be safe, plan ahead and follow any signs.
 - Leave gates and property as you find them.
 - Protect plants and animals and take your litter home.
 - Keep dogs under control.
 - Consider other people.
- For more details, see www.countrysideaccess.gov.uk

General guidance

- Make you feel good.
 - Give you more energy.
 - Help you sleep better.
 - Help you reduce stress.
 - Keep your heart 'strong'.
 - Reduce blood pressure.
 - Help to manage your weight.
- If you are free of serious health problems you can start walking more, with confidence. The health benefits of walking and other forms of physical activity will be enhanced by a balanced diet and not smoking.

Walking can

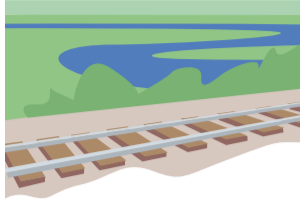
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If you are looking for a taste of history, local culture, fine eating and drinking, or simply to enjoy the countryside, you'll find yourself at home in Kent's Eden Valley. Discover more about the Eden Valley on www.edenvalleykent.org which includes details on attractions in the area, accommodation, where to eat and drink, and other information.



1 Start at Church lychgate, follow outside of Church wall, turn left at first set of iron gates and through Cemetery One. On opposite side turn right down path, through kissing gate and out of cul de sac (Churchfield).



Turn right and take track immediately on left over railway (SR604).

2 Pass through kissing gate and bear right into field, with small pond on left and allotments on right.



Keep to left hand hedge (with wire fence on right) to corner. Turn right (SR608), continue ahead, keeping hedge and Skinners Farm on left. Make for stile straight ahead. Continue through field along left hand edge, over wide footbridge, to kissing gate ahead.



WALK 4
Parish Church – Delaware – Parish Church

Starts and finishes at Edenbridge Parish Church and cars may be parked near Church.

Is about 3 miles (4.8 km), takes about 1½ hours and uses SR604, 608, 559 and 612. 7 stiles.

Parts can be very muddy in winter.



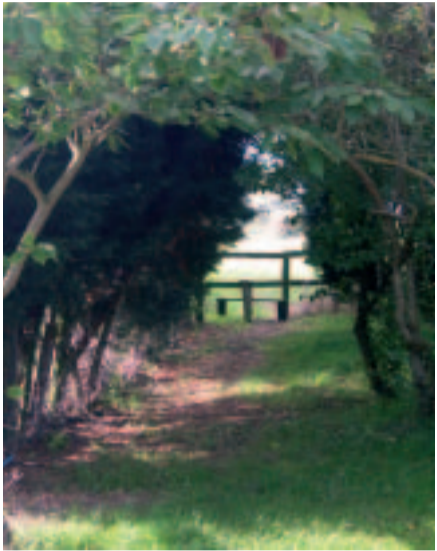
3 Go up hill straight across field, passing to right of group of trees (with a pond), to another stile. There are lovely views over surrounding countryside. Continue for a short distance, keeping hedge on left, and turn right (SR559) at corner of field, before stile. Cross field to right of derelict barn. Over stile and cross River Eden with Delaware Farm to right.



[Delaware was the 15th century home of the Seyliard family (who have memorials in Edenbridge Parish Church). It was bought by the Streatfeilds in the late 17th century. The original substantial moated medieval mansion was almost entirely replaced by the present house. The building still bears an ornate west door with the date 1679 inscribed upon it.]



4 Continue along track to concrete road, which bends to left alongside a pond within the boundaries of the dwellings. Continue a few yards to waymarking pole on left. Take track to right at The Forge (SR612) and continue towards gate. To right of gate is a line of conifers, with a stile partially hidden by trees. Cross field diagonally to another stile.



5 Turn left and keep to left of field, with river on right. When field edge bears left, keep straight on to meet another hedge on left. Continue straight ahead through gate to next field, with Church spire in distance.



Continue to walk on left of field (with hedge on left) following path through thicket and over railway footbridge. Over stile and across field, heading towards farm buildings. Through three gates and follow track, to left of farm buildings, to kissing gate at bottom on right.



Cross field (heading towards Church spire) and through kissing gate. Turn left alongside river, and cross by second footbridge (iron) back to Church.



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| Visitor Information | Car Park-free |
| Police Station | Toilet |
| Fire Station | Library |
| Post Office | Museum |
| Place of Worship | Market |
| School | Rail Station |